



COVID-19 INFORMATION FOR STUDENTS

COVID safety plans are no longer mandated for our industry.

The guidelines below ensure the ongoing safety of students attending classes at Charleyoga.

Symptoms Or Illness

Please do not come to class if you are unwell, you may be asked to leave. Practice online instead either live via zoom or using the online library in your own time.

Physical Distancing

- Continue physical distancing between yourself and others wherever possible. Please respect others personal space.
- In busier classes, spaces are marked using triangles, if you are unsure where to go, please ask the teacher.
- Doors are unlocked 15mins before class start time (sooner if the teacher is ready)

Hygiene

- BYO yoga equipment
- Hand sanitiser station at entry
- Hand washing facilities available
- Practice good cough/sneeze etiquette
- We're conducting extra cleaning
- Where possible, doors and windows will be opened for ventilation. We have a common sense approach to this when it's very cold and my close things up a bit more once class is underway.

CONTACT US ON 0439 966 059 OR INFO@CHARLEYOGA.COM.AU